



Staffs Higashi Newsletter

www.staffs-higashi.org.uk/

March 2009

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Proposed 2009 Grading dates

All Tuesdays
31st March, 30th June, 29th September, 15th
December

Sensei Peter Spanton course

3rd/4th October 2009 in
Cannock
Put these dates in your
diaries now

Licences

Remember its up to you to make sure you have a current licence. We will keep reminding people where we can but its really up to you and its best to get your renewal in early. No licence means NO GRADING! And technically NO TRAINING! I would recommend that you get licence forms to us at least 2 weeks before renewal date as this gives us time to process them. Once again can I remind you to make cheques out to "Staffs Higashi Karate Kai".

Forest Gate

A visit to Forest gate is planned for the 21st March.
If you are interested in going have a word with Garry or Jeff.

March Grading

The March grading is fast approaching. If you intend to grade make sure you let us know in advance and get your name down on the list.

If you are not sure if you are ready to grade, have a work with one of the dan grades.

CHECK YOUR LICENCES

Newsletter

If anyone has anything they want published in the newsletters please let me know. Anything legal considered.

I usually do the newsletters early in each month (April's may be early as I'm away on holiday early in April) so let me have any items in the week before the month changes.